

## **Mt. Humphreys Hike Notice**

**What:** Day hike to summit Mt. Humphreys. The hike is 4.5 miles one way with an elevation gain of about 3900 ft.

**When:** Depart Federated Church Saturday September 17, 2011 at 5 AM (meet at 4:30)

**Who:** All interested Scouts (First Class and above, 14, or a very strong hiker) and Adults with current Health forms. Scouts must have a signed Activity Consent Form. Adults must have had Youth Protection Training within the last 2 years (available on-line).

### **What To Bring:**

- ✓ Daypack
- ✓ 3-4 Liters Water
- ✓ Trail Snacks
- ✓ Lunch
- ✓ Hiking Boots
- ✓ Sun Screen
- ✓ Wind-breaker or light coat
- ✓ Rain Gear
- ✓ Hat
- ✓ Sunglasses

### **Optional Stuff**

- ✓ Camera
- ✓ Hiking poles

### **What We need to make this outing happen:**

- Enough Adult drivers to provide seatbelts for everybody

### **How To sign up**

- If you plan on going send an e-mail or call me at  
E-mail [mr.macattack@hotmail.com](mailto:mr.macattack@hotmail.com)  
Phone (Home): 928 266 0491  
Phone (Cell): 928 266 2634
- There will be a sign up sheet at the scout meetings before the trip

